



SES COLLEGE SREEKANDAPURAM

(Accredited by NAAC with 'B' Grade) Affiliated to Kannur University



Criterion 3

Research, Innovation and Extension

3.4 Extension Activities

3.4.1 Extension activities are carried out in the neighborhood community, sensitizing students to social issues, for their holistic development, and impact thereof during 2020-2021.



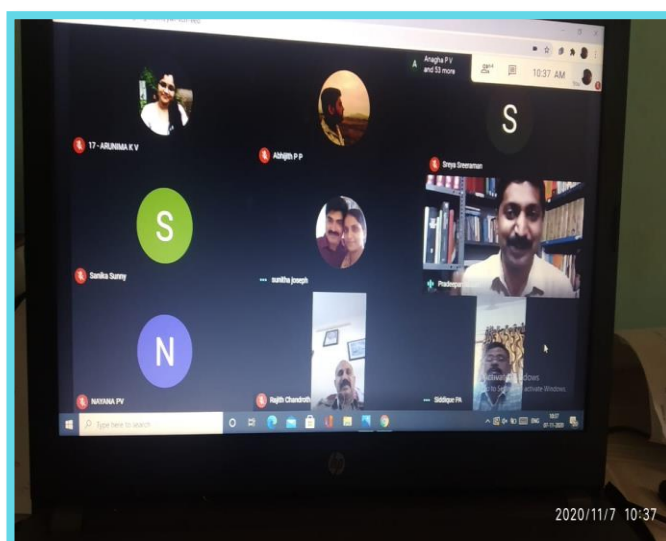
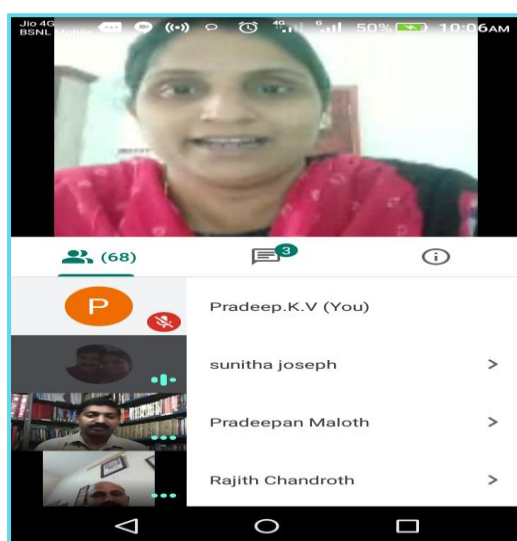
Anti drug club Formation

The anti drug Club of SES College Sreekandapuram was formed to make awareness against drugs among students. As a preliminary step, Dr. Sunitha Joseph, Asst. Professor of Economics as the Convenor, enrolled 22 student members who possessed an inherent interest to work for the anti drug programme activities in spite of belonging to varied disciplines. Till date the Club held different programmes in the college campus.

Anti drug club Activities 2020-21

Anti Drugs awareness class (7-11-2020)

The awareness class against the dangers of drugs was organized in the campus on 7th November 2020 under the auspicious of Anti Drugs clubs in the college. Sri Pardeep Malooth, president National Forum for people's Right (NFPR) gave the awareness class to the students. The objectives of this Programme is to prevent youth from using illicit drugs by enhancing their awareness and understanding of the harmful social and health effects of illicit drug use.



**ലഹരി വിരുദ്ധ
ബോധവൽക്കരണ കാസ്**

**2020 നവംബർ 7 ശനിയാഴ്ച രാവിലെ 10 മണി മുതൽ
ഗൂഗിൾ മീറ്റിൽ**

കാര്യപരിപാടി

സ്വാഗതം : ശ്രീമതി. **സുനിത ജോസഫ്** (കൺവീനർ, ലഹരിവിരുദ്ധ ക്ലബ്ബ്, SES കോളേജ് ശ്രീകണ്ഠപുരം)

അധ്യക്ഷൻ : ഡോ. **ഡൊമിനിക് തോമസ്** (പ്രിൻസിപ്പാൾ, SES കോളേജ് ശ്രീകണ്ഠപുരം)

ഉദ്ഘാടനം : ശ്രീ. **രഞ്ജിത്ത്** (എക്സൈസ് ഇൻസ്പെക്ടർ, ശ്രീകണ്ഠപുരം)

ആശംസകൾ : ശ്രീ. **സിദ്ധിഖ്** (NFPR കളുർ ജില്ലാ പ്രസിഡണ്ട്)

ശ്രീ. **സജീഷ്.ടി.ജെ** (IQAC കോർഡിനേറ്റർ, SES കോളേജ്)

ശ്രീമതി. **അരുണിമ** (സംസ്ഥാന സുഡന്റ് സെൽഫ് കോർഡിനേറ്റർ)

ക്ലാസ്സ് നയിക്കുന്നത്

ശ്രീ.പ്രദീപൻ മാലോത്ത്
[കൗൺസിലർ & സൈക്കോതെറാപ്പിസ്റ്റ്]

നന്ദി : ശ്രീമതി.സവിഷ ദേവരാജ് (NFPR ശ്രീകണ്ഠപുരം യൂണിറ്റ് കമ്മിറ്റി)

3.AUTOMATIC SANITIZER MACHINE

In order to maintain health and hygiene during Covid Pandemic, students from Physics department took initiatives in making an **Automatic hand sanitizing machine**. Students named Jishnu, Sooraj, Abhinav and Vignesh together with our third year students and teachers designed the same. Two machines were hand over to the Management and Principal on the inauguration day on **28 September 2020**.



CONNECTING TO COMMUNITY 2021

'Collaboration allows us to know more than we are capable of knowing by ourself'.

The Department of English conducted the community programme in collaboration with **Salsabeel Public School, Sreekandapuram**. Four students from the third year of B.A. English, Miss Pooja O., Miss Nandana P.K., Miss Safa Sathar and Miss Drishya P.K. volunteered the programme and it was conducted online via Google Meet at **10:30 am** on **May 15, 2021**. The student teachers engaged grammar classes for the X standard students of Salsabeel school. The aim of the programme was to upgrade the teaching skills of students of the department. It helped to provide a first-hand experience of handling classes and also became a certain stepping stone towards a career of teaching. The lecture influenced the students of the Salsabeel school to consider the path of teaching as one of their career options.

DEPARTMENT OF ENGLISH
SES COLLEGE SREEKANDAPURAM
Presents

Connecting To Community 2021

WITH SALSABEEL PUBLIC SCHOOL, SREEKANDAPURAM

The programme focuses on enhancing the teaching skills of students and offers a golden opportunity to analyse and mould their teaching capability. This scheme provides a first-hand experience of handling classes and is certainly a stepping stone towards a career in teaching. Moreover, as the name suggests, this venture is a platform for students to connect to the community and helps them to imbibe social values.



May 15, 2021
10:30 am
Online via Google Meet

OUR STUDENT TEACHERS

 POOJA O.	 NANDANA P.K.
 SAFA SATHAR	 DRISHYA P.K.

Insight -3

The Counselling Centre , SES college Sreekandapuram conducted a webinar as a part of the **INSIGHT 3** in association with kannur jilla kudumbasree mission gender help dusk **Snehitha** on the topic " **mental health and Covid-19 Pandemic** " on 24th may 2021. This program was inaugurated by our principal Dr. Dominic Thomas and the session was handled by Smt.Baby Rehna , (Trainer - gender help dusk Snehitha)




**SES COLLEGE COUNSELLING CENTRE -
MONTHLY ONLINE COUNSELLING
PROGRAMME.....**

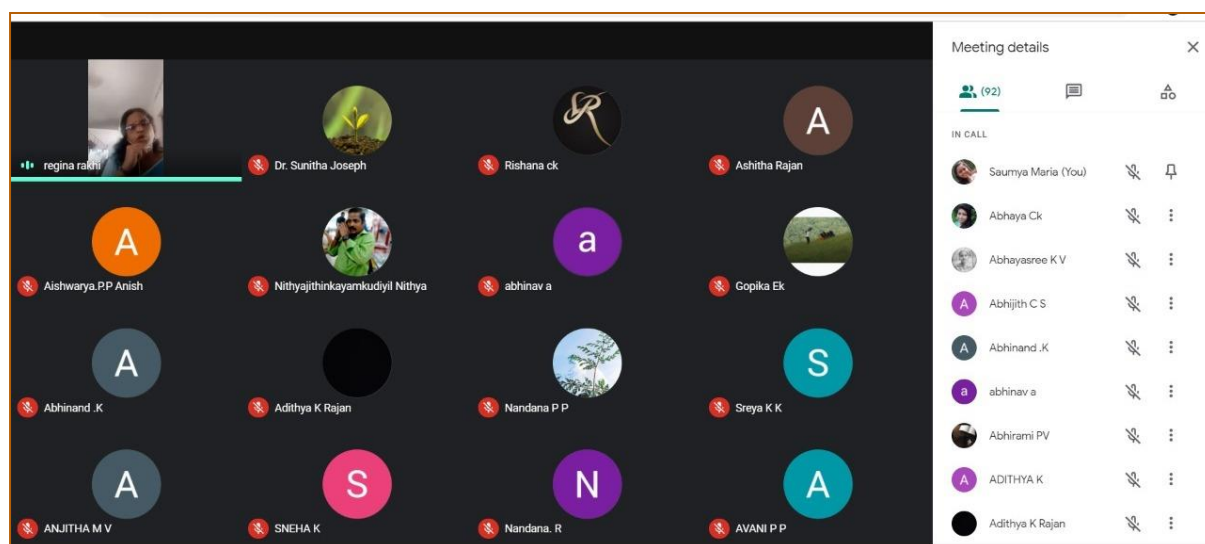
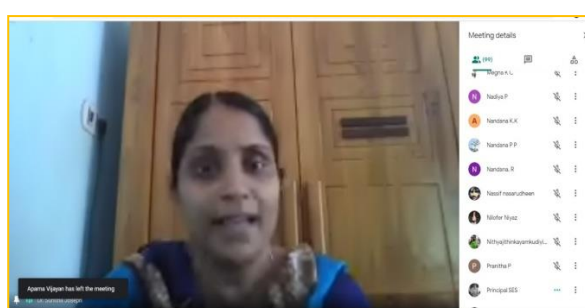
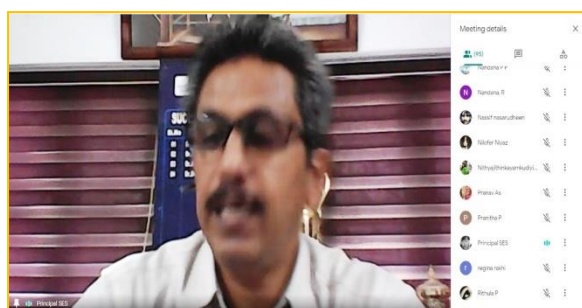
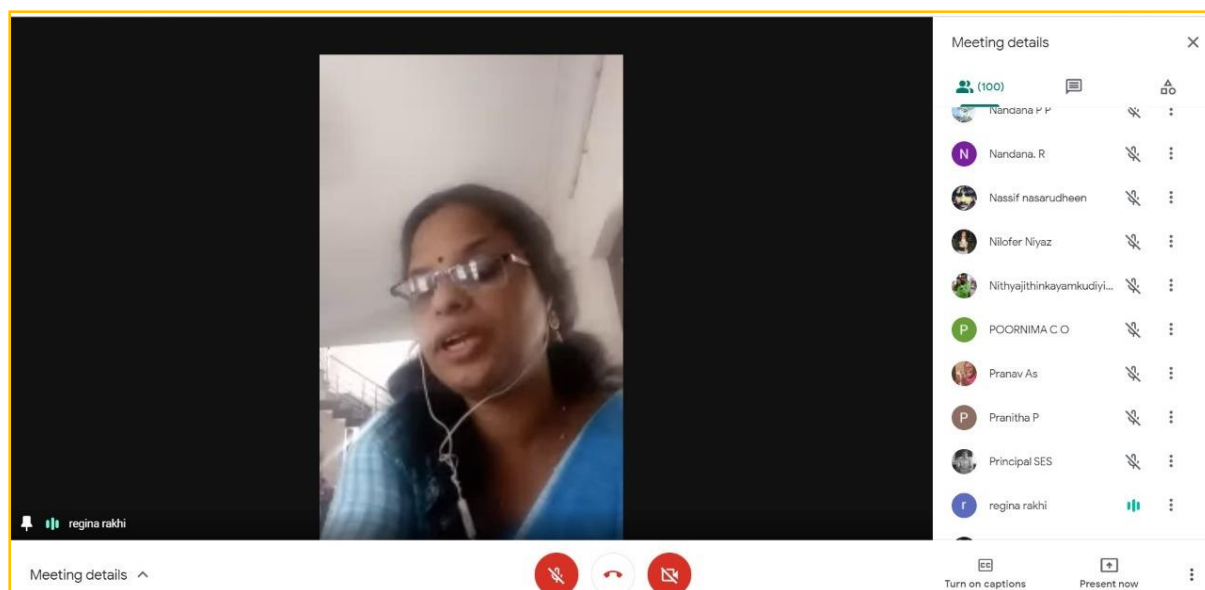
INSIGHT - 3

In Association with
കണ്ണൂർ ജില്ലാ കുടുംബശ്രീ മിഷൻ
(സ്നേഹിത- Gender Help Desk)

ക്ലാസുകൾ നയിക്കുന്നത്
ശ്രീമതി. ബേബി രഹ്ന

വിഷയം:
കോവിഡ് കാലത്തെ മാനസികാരോഗ്യം

സമയം -24-05-2021 രാവിലെ 10.30
 Google meet Platform



The covid-19 pandemic has presented many challenges to student community .They already coping with mental health conditions .This webinar enables participants to learn the impact of crisis situations, loneliness, and isolation; understand what resiliency is and where it comes from; and learn practical and achievable ways to increase one's resiliency.



SES COLLEGE SREEKANDAPURAM

Extension activity 2020 - 2021

WORLD ENVIRONMENT DAY- JUNE 5

World Environment Day is celebrated on 5th June every year and it is the United Nation's principle vehicle for encouraging awareness and action for the protection of the environment. First held in 1974, it has been a flagship campaign for raising awareness on environmental issues emerging from marine pollution, human overpopulation, and global warming, to sustainable consumption and wildlife crime.

So NCC cadets of SES college Sreekandapuram celebrated the World environment day by planting treesto make people aware of the importance of our environment and the need to protect it. Dr. Dominic Thomas sir (principal of SES college sreekandapuram) and Lt. Preju K Paul (ANO of SES college) planted the tree together.SUO Praveen A S, UO Amal V, CQMS Akshay K K also joined in the programme.



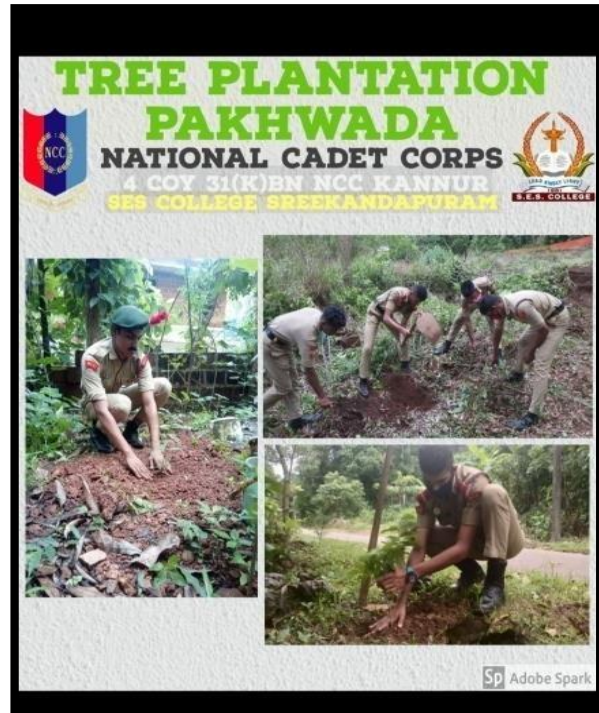
WEBINAR-STAY SAFE STAY HEALTHY

A webinar on ' stay safe stay healthy ' was organised by NCC cadets of SES College sreekandapuram on 26th June 2020 , Dr Ann Maria handled the session . ANO Lt. Preju k paul ,Principal Dr Dominic Thomas , commanding officer col. Chris D Silva along with SUO Praveen A S coordinated the program.63 Cadets had participated in the programme.



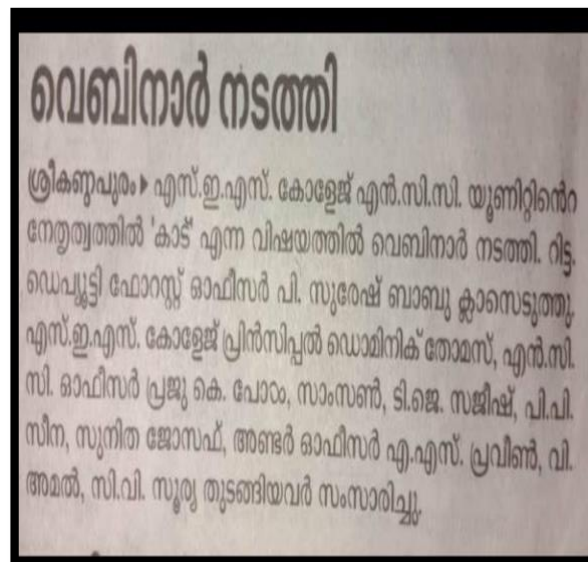
TREE PLANTATION PAKHWADA

On 14th July 2020 NCC cadets of SES College Sreekandapuram conducted a 'tree plantation pakhwada programme'. The cadets captured their photograph of planting trees. Cadets enjoyed the moment in planting trees and it was an initiative from cadets in contributing to the existence of mankind. 58 cadets had participated in the programme.



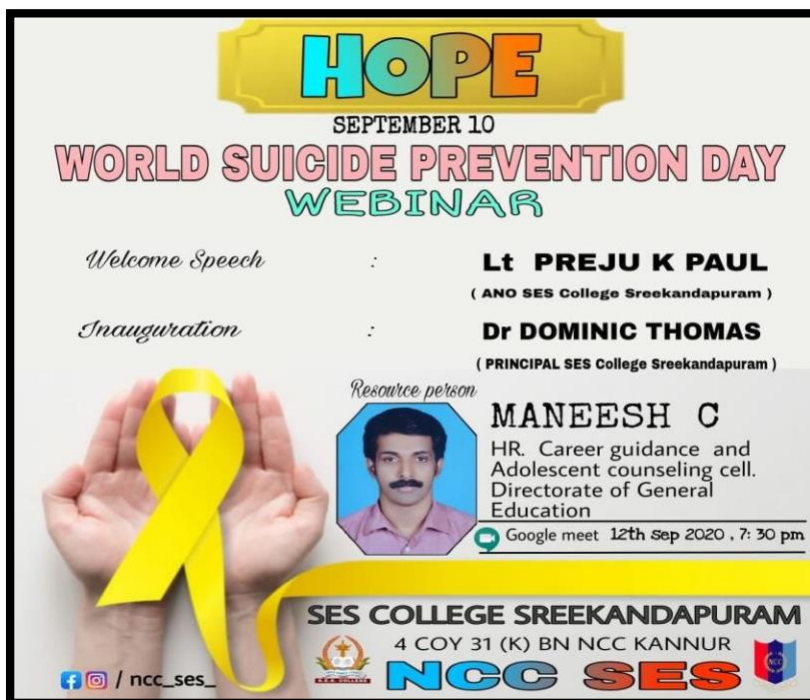
WEBINAR - FOREST

In connection with tree plantation pakhwada a webinar on 'forest' was conducted on 25th July 2020 by ncc cadets of SES College sreekandapuram .Retd. Deputy forest officer P.Suresh Babu handled the session. ANO Lt. Preju k paul, Principal .Dr .Dominic Thomas along with SUO Praveen A.S coordinated the programme.



HOPE– WEBINAR ON WORLD SUICIDE PREVENTION DAY

World Suicide Prevention Day(WSPD) is an awareness day observed on 10 September every year, in order to provide worldwide commitment and action to prevent suicide, with various activities around the world. As a part of that NCC Cadets of SES College Sreekandapuram conducted a webinar (HOPE) through Google meet on 12th September 2020, 7:30 pm. In that program welcome speech was delivered by Lt.Preju K Paul Sir (ANO SES College Sreekandapuram)the programme was inaugurated by Dr.Domnic Thomas Sir (Principal SES College Sreekandapuram).The class was handled by Sir.Maneesh C. There have been a staggering number of suicide caused by fear of corona virus, loneliness, lack of freedom of movement during lockdown. On that situation the webinar greatly helped the cadets by providing tips to get relief in mental stress during this pandemic . 55 cadets had participated in the programme.



The poster is for a webinar titled "HOPE" on September 10, World Suicide Prevention Day. It features a yellow ribbon held in two hands on the left. The text lists the speakers: Lt. Preju K Paul for the welcome speech and Dr. Dominic Thomas for the inauguration. The resource person is Maneesh C, an HR and adolescent counseling expert. The event was held on Google Meet on September 12, 2020, at 7:30 PM. The bottom of the poster identifies the host as SES College Sreekandapuram, NCC unit 4 COY 31 (K) BN NCC KANNUR, and includes social media handles for NCC SES.

HOPE
SEPTEMBER 10
WORLD SUICIDE PREVENTION DAY
WEBINAR

Welcome Speech : **Lt PREJU K PAUL**
(ANO SES College Sreekandapuram)

Inauguration : **Dr DOMINIC THOMAS**
(PRINCIPAL SES College Sreekandapuram)

Resource person
MANEESH C
HR. Career guidance and
Adolescent counseling cell.
Directorate of General
Education

Google meet 12th Sep 2020 , 7: 30 pm

SES COLLEGE SREEKANDAPURAM
4 COY 31 (K) BN NCC KANNUR
NCC SES

f / ncc_ses_

GANDHI JAYANTHI CELEBRATION

Gandhi Jayanthi is celebrated on 2nd October every year to mark the birth anniversary of Mahatma Gandhi. To celebrate his contribution to the nation, 2nd October is celebrated every year as a national holiday. As a part of that NCC unit of SES college Sreekandapuram conducted a webinar on Gandhi Jayanthi day in Google meet on 2 Oct 2020 at 9.30 am. The programme was inaugurated by Dr. Dominic Thomas (Principal SES College) welcome speech was delivered by Lt. Preju k Paul (ANO SES College). Sajeesh TJ (IQAC Co-ordinator SES College) felicitated in the session. And NCC cadets of SES College conducted a documentary presentation, and cleaning surroundings. Cadets cleaned their surroundings along with their families. 54 cadets had participated in the programme.



PANCHAYAT ELECTION- 2020

Twenty two Ncc Cadets of SES College Served as Special police officers in various polling booths within the limits of Mayyil and Sreekandapuram Police Stations from 13/12/2020 to 14/12/2020 as part of the general election to the local self government institution 2020.



PLANT REJUVENATION AND CLEANING

Sreekandapuram : 4COY 31 (K) battalion NCC Kannur SES college Sreekandapuram conducted a plant rejuvenation programme at Kottoor vayal on 19th march 2021. All cadets actively participated in this cleaning drive. It was a great initiative by NCC cadets of SES college in providing awareness about the need of cleaning river is mandatory for sustenance. Associate NCC Officer Lt. Preju K Paul, Under Officer Amal V, CQMS Akshay K K provide guidance for cleaning.10 cadets had participated in the programme.



PRE-MONSOON CLEANING

Sreekandapuram : 4COY 31(K) Battalion NCC Kannur SES college Sreekandapuram conducted a pre -monsoon cleaning programme in association with Sreekandapuram municipality on 29th April 2021. Cadets collected the waste from road sides and bus stand. They emptied the water stored things to avoid the spread of mosquitos. Former municipality chairman Mr. Ragavan, Former HOD of malayalam department in SES college and present municipality chairperson Dr. K V Philomina, Associate NCC officer Lt.Preju K Paul, Under Officer Amal V and all other cadets have participated in this cleaning drive. 4 cadets had participated in the programme.



COVID - 19 AWARENESS CAMPAIGN

Sreekandapuram : 4COY 31(K) Battalion NCC Kannur SES college Sreekandapuram conducted a covid -19 awareness campaign and the importance of getting vaccinated by making posters and providing effective caption via social media. Cadets have also provided informations about the procedures included in vaccine registration.

Cadets were volunteers in helping those who were unable to register. As the second wave of corona virus is brutally affecting our country, cadets gave awareness to stay home through art. It was an opportunity for them to showcase their talents along with providing awareness to the people. 11 cadets had participated in the programme.



Awareness Video link –

<https://www.instagram.com/tv/CN1Vs3IFgzk/?igshid=1gjiwuujxlcltg>

<https://www.instagram.com/tv/COSzJowFewc/?igshid=1sl4izdr7rlrz>

Awareness posters –



കോവിഡ് -19 വാക്സിനായി രജിസ്റ്റർ ചെയ്യുക

NCC S.E.S HELP DESK

നിങ്ങളുടെ കോവിഡ് -19 വാക്സിൻ രജിസ്റ്റർ ചെയ്യാൻ ഞങ്ങളെ വിളിക്കുക

ആവിശ്യമായ വിവരങ്ങൾ

*പേര്
*മൊബൈൽ നമ്പർ
*ആധാർ കാർഡ് നമ്പർ
*ജനന വർഷം

അർജുൻ സി: 9947520131
പ്രണവ് വി: 9188563647
അജിത് റോയ്: 9496523234
സാഗർ പി: 6238976779
അഭിരാമ എ: 7736524998
അഭിനവ് സി: 6238634661
ജിഷ്ണുപ്രസാദ് ടി സി: 9048055735
പ്രതാപരാജ് ഇ വി: 9895681072
അരുൺ കെ വി: 7902765812
അർച്ചന എ: 7306737270
അലീന ബർണ്ണർ: 9778075175

NATIONAL CADET CORPS
4 COY 31 (K) BN NCC KANNUR
S.E.S COLLEGE SREEKANDAPURAM

4 COY 31 (K) BN NCC KANNUR
S.E.S COLLEGE SREEKANDAPURAM
DOUBLE MASKING

1 Knotting the ear loops of the surgical mask and tucking in and flattening the material close to the face

2 Double masking (a cloth mask on top of a medical-grade mask)

THE DOS & DON'TS

1 Always pair a surgical and a cloth mask for double masking

2 An N95 can seal the face and filter 95% of particles. So, no doubling up needed

NOTE: Wearing two masks could make it difficult to breathe, but won't reduce oxygen supply

ncc_ses



#magnificol colour effects to see key boy



NATIONAL SERVICE SCHEME

ACTIVITY REPORT 2020-2021

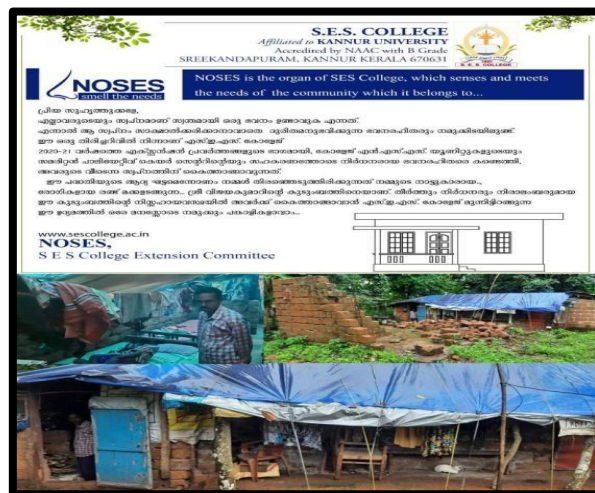
UNIT 17 & 18

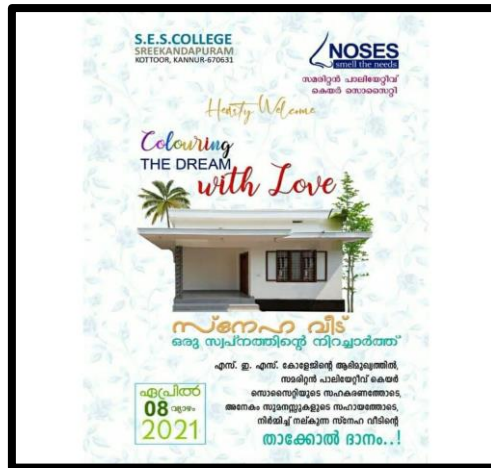
SES COLLEGE
SREEKANDAPURAM

SNEHAVEEDU

(SEPTEMBER 2020-MARCH 2021)

NSS units of S.E.S college decided to take up an initiative known as “SNEHAVEEDU” project. As a first step towards it, the NSS units along with the support from the staffs, management, Samaratin palliative care society, NCC, student’s union and beloved natives helped to complete the project on march which was started on September. The project was at Chelimpambra, Chemberi.





AWARENESS CLASS

OCTOBER 10, 2020

An online awareness class was conducted by NSS units on the topic Maternal Safety Shield in association with Malabar Cancer Care Society, Kannur



SES COLLEGE SREEKANDAPURAM

NSS UNIT 17 & 18

കണ്ണൂർ മലബാർ കാൻസർ കെയർ സൊസൈറ്റിയും **SES** കോളേജ്
പ്രീകൺപുരം **NSS, EXTENSION** കമ്മ്യൂണിറ്റിയും നേതൃത്വത്തിൽ സമഗ്ര
സ്തനാർബുദ നിയന്ത്രണ പരിപാടിയുടെ ഭാഗമായി

മാതൃ സുരക്ഷാ കവചം

ഒക്ടോബർ 10ന് ഓൺലൈൻ ബോധവൽക്കരണ ക്ലാസ് സംഘടിപ്പിക്കുന്നു.

നമ്മുടെ അമ്മമാരുടെയും സഹോദരിമാരുടെയും
രക്ഷയ്ക്കായി സമഗ്ര സ്തനാർബുദ നിയന്ത്രണ പരിപാടി

പങ്കെടുക്കാൻ താല്പര്യമുള്ളവർ പേര് രജിസ്റ്റർ ചെയ്യേണ്ടതാണ്.

malabar cancer care society

Garden making at sreekandapuram police station

(27-11-2020)

On 27th November, the NSS volunteers of S.E.S college ensured their participation in making a garden at Police Station, Sreekandapuram. Raghunath K.V (SI OF POLICE, SREEKANDAPURAM), Dr. Rejith P.P (NSS PROGRAMME OFFICER, S.E.S COLLEGE) lead the work. It was really a good experience for our volunteers.



WORK IN ASSOCIATION WITH SREEKANDAPURAM MUNICIPALITY (Started on 19-02-2021)

In association with Sreekandapuram Municipality, the NSS volunteers of S.E.S college ensured their complete participation whole heartedly in building a toilet for a cancer patient in the Municipal region. The work was inaugurated by Dr. KV Philomina (Municipal chairperson, Sreekandapuram Municipality).The work was for one week and the volunteers rotated their shifts.



BOTTLE BOOTH Instalation

(21-02-2021)

The NSS units of S.E.S College coordinated and constructed bottle booths. Later these bottle booths were placed at Sreekandapuram town and Irikkur town. This initiative was later appreciated by the authorities.



ELECTION DUTY


(06-04-2021)

During the Kerala Legislative Assembly Elections on 6th April 142 NSS volunteers from S.E.S college ensured their voluntary works on helping the old aged and physically challenged people to cast their vote on the election day.




PRAKASHAN SAHAYA NIDHI

A collection drive was initiated under the leadership of extension committee of S.E.S College to help the family of Sril K.P. Prakashan, father of our student, who died in an accident on 29/04/2021. 446 persons including teachers, non-teaching staff and students contributed to the fund. The sum was handed over to the family on 04/05/2021.



S.E.S. COLLEGE
Affiliated to KANNUR UNIVERSITY
Accredited by NAAC with B Grade
SREEKANDAPURAM, KANNUR KERALA 670631



NOSES
smell the needs

NOSES is the organ of SES College, which senses and meets the needs of the community which it belongs to...

കെ. പി. പ്രകാശൻ കുടുംബ സഹായ നിധിയിലേക്ക്

SES കോളേജിന്റെ കൈത്താങ്ങു്

പ്രിയമുള്ളവരെ,

2021 ഏപ്രിൽ 8ന് നെല്ലിമുന്നിൽ വെച്ചുണ്ടായ വാഹനാപകടത്തിൽ ചുഴലിയിലെ ടാപ്പിംഗ് തൊഴിലാളിയായ ശ്രീ കെ.പി. പ്രകാശൻ മരണപ്പെടുകയും അദ്ദേഹത്തിന്റെ മകൻ ഗുരുതരമായി പരിക്കേൽക്കുകയും ചെയ്തു. മോശിയായ ഭാര്യയും വിദ്യാർത്ഥികളായ രണ്ട് മക്കളും അടങ്ങുന്ന കുടുംബമാണ് ഇവിടെ അനാഥമാകപ്പെട്ടത്. മകൾ SES കോളേജ് ഡിഗ്രി വിദ്യാർത്ഥിനിയാണ്. ഈ നിസ്സഹായാവസ്ഥയിൽ അവർക്കു് കൈത്താങ്ങായി കോളേജ് മാനേജ്മന്റ് പ്രിൻസിപ്പൽ, അദ്ധ്യാപക-അനദ്ധ്യാപകർ, NSS, NCC, സ്കൗഡന്റ് യൂണിയൻ, വിദ്യാർത്ഥികൾ, പുറം വിദ്യാർത്ഥികൾ തുടങ്ങി എല്ലാവരും ഉൾപ്പെടുന്ന SES കുടുംബം രൂന്നിട്ടിറങ്ങുന്ന ഈ ഉദ്യമത്തിൽ ഒരേ മനസോടെ നമുക്കും പങ്കാളികളാകാം

Extension Committee Bank Account

Account Number: 39700490455 IFSC: SBIN0070894

SBI Chemperi Branch Joint Personal Account

Mob: +91 9961889969

Dr. Sunitha Joseph/Dr. Rejith P P

SKILL DEVELOPMENT PROGRAMME 2020-21

The Department of Economics, SES College Sreekandapuram in association with Chapparapadavu Higher Secondary School has conducted a Skill Development Programme for students on 22nd March 2021. The programme was conducted online. Miss. Ashitha, Mr. Aswin Prakash and Miss. Revathy Raveendran lead the classes. Miss. Ashitha taken hands on training on cloth painting as well as glass painting. Mr. Aswin Prakash on handicrafts making with hardboard and waste materials. And Miss. Revathy Raveendran taken class on embroidery works. The class was largely focussed on skill imparting. The class was very interesting and the students get benefitted much from the class.



S.E.S COLLEGE SREEKANDAPURAM

Skill Development Programme, 2020-21

**Department of Economics &
Chapparapadavu Higher Secondary School**

S.E.S COLLEGE SREEKANDAPURAM
**DEPARTMENT OF ECONOMICS EXTENSION
PROGRAMME 2020-21 (2021 March 22, Monday)**



**Skill Development Programme in Association with
Chapparapadavu Higher Secondary School**

Student tutors are:



**Ashitha M.V.
(BA Economics III Year)**

**Aswin Prakash T.P.
(BA Economics III Year)**

**Revathi Raveendran
(BA Economics III Year)**

**"Skill is the unified force of Experience, Intellect and
Passion in their operation"**